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C A S A S
Q U I N T A
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E X P E R I E N C E S M E N U
Feeling adventurous?
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THE ALGARVE, UNHURRIED

There is an Algarve that does not reveal itself at first glance.

It is not found on maps, nor in hurried itineraries.

*It unfolds slowly — in the soft morning light, in the stillness
of the lagoon, along quiet paths that seem
to stretch endlessly across the landscape.*

This is the Algarve that surrounds Quinta de Cima.

And this is the one we invite you to discover.

— BEACH —



FÁBRICA BEACH

*One of the most unspoilt beaches in the Eastern Algarve,
reached by crossing the Ria Formosa lagoon.*

*A tuk-tuk transfer can take you to Fábrica, where a small
boat will carry you across to the beach. The crossing itself
is part of the experience — brief, calm and quietly scenic.
For added comfort, we recommend reserving a sunshade in
advance. Beach picnics are available upon prior request.*

OTHER RECOMMENDED BEACHES:

PRAIA DA LOTA

PRAIA DA MANTA ROTA

PRAIA DE CABANAS DE TAVIRA

PRAIA DA ILHA DE TAVIRA

PRAIA DO BARRIL

PRAIA DA TERRA ESTREITA (BOAT ACCESS)

PRAIA DA ARMONA (BOAT ACCESS)

PRAIA DA DESERTA (BOAT ACCESS)

PRAIA DO FAROL (BOAT ACCESS)

OUTDOOR & NATURE



HORSE RIDING

Explore the coastline and countryside of the Eastern Algarve at the natural pace of the horse, along quiet trails, through native vegetation and landscapes where human presence remains discreet. A calm, guided experience, suitable for all levels.

Quinta Alvisquer | 1h — €90 per person

Countryside | 2h — €145 per person



BIKES & E-BIKES

A flexible and independent way to explore the region, following rural paths, salt flats and gentle routes along the lagoon. Different options allow you to adapt distance and effort to your preferred rhythm.

Bike: 1 day €25 | 3 days €75

Trekking: 1 day €31 | 3 days €75

E-bike: 1 day €50 | 3 days €136



NATURE & BIRDWATCHING

Within the Ria Formosa, these routes reveal one of Europe's most significant lagoon ecosystems. Along the trails, birdlife and wildlife are observed naturally, accompanied by experienced local guides.

Birdwatching (7.5 km) | 2h — €50 per person

Cacela Velha (5.5 km) | 3h — €56 per person

Tavira cultural route (7.5 km) | 2h — €50 per person



TREE CLIMBING

Elevated circuits set among the trees, combining physical challenge with immersion in nature. Supervised by experienced instructors and suitable for both beginners and more advanced participants.

From €13 per person



4X4 INLAND ALGARVE EXPERIENCE

A journey into the Algarve's interior, where the landscape shifts in tone and rhythm. Along the way, you will pass through small villages, encounter local traditions and gain insight into activities such as cork and salt production.

3h — €520 | 6h — €620

Lunch supplement: €22 per person

Maximum 6 people per jeep • Transport included

SPORTS



GOLF

Lessons with professional coach Mickael Carvalho, focusing on technique, posture and consistency. Suitable for all levels, from beginners to experienced players. Available at Quinta da Ria and Quinta do Vale. Details upon request



TENNIS

*Individual or group sessions with qualified coaches, with the option to reserve a court for independent play.
At Clube de Ténis de Vila Real de Santo António.
Details upon request*

BY THE SEA



BEACH HORSE RIDING (NOVEMBER TO APRIL)

During the quieter months, the coastline becomes more serene, allowing for a more private experience.

The ride takes place along the shoreline, at a gentle pace, accompanied by experienced guides.

Duration: 1h

€170 per person



CASTRO MARIM SALT PANS

A visit to a landscape where salt is still produced using traditional methods. During the harvest season, it is possible to observe — and occasionally take part in — the process, followed by a local gastronomic experience.

Duration: 2 to 3 hours • €110 per person



RIA FORMOSA & FISHING COMMUNITIES

Routes departing from Fábrica Beach, exploring the historical connection between the lagoon and the fishing communities of Tavira, Cabanas de Tavira and Santa Luzia.

Includes cultural insight into tuna fishing traditions, local life and the biodiversity of the region.

2h30 — €120 (2 people)

3h30 — €150 (2 people)



PRIVATE BOAT IN RIA FORMOSA

A journey through the islands of the Ria Formosa, with time to swim, explore quiet beaches and discover this protected ecosystem with the guidance of the onboard team.

From €620 • Additional options available upon request



SUP / WINGSUP / KITESURF

Water-based activities in the Ria Formosa, suitable for different experience levels.

SUP — 2h | €50 per person (min. 2 people)

WingSUP — 1h45 | €65 per person

WingSUP — 3h | €120 per person

Kitesurf — private and semi-private lessons (upon request)



SOLAR BOAT

A quiet, emission-free experience, offering a closer connection to the natural surroundings of the Ria Formosa.

3h — €350 (2 people)



ALGARVE WINES

The Algarve can also be discovered through its wines.

From Casas da Quinta de Cima, it is possible to visit selected producers across the region, chosen for their character and authenticity.

Each winery offers a distinct perspective, reflecting different expressions of the territory. Visits may include walks through the vineyards, access to the cellars and guided tastings, with a focus on grape varieties, production methods and pairings with local flavours. Rather than a single experience, these are tailored possibilities, shaped around your interests and pace. For further information or reservations, please contact us.



WINE TASTING ON A SOLAR BOAT

A tasting experience featuring Portuguese wines, paired with regional products. Includes an introduction to grape varieties, wine regions and tasting notes, with the possibility of stopping along the islands.

3h — €400 (2 people)

Maximum 8 people

WELL-BEING



PRIVATE YOGA SESSION

€70 per person • €20 per additional person



MASSAGES & TREATMENTS

*Treatments designed for relaxation,
recovery and overall balance.*

Relaxation — 60min €100 | 90min €150

Sports — 60min €100 | 90min €150

Reflexology — 45min €90

Anti-stress — 60min €100

Ayurvedic — 55min €120

Bamboo — 60min €120

Couple's massage — 60min €200



USEFUL INFORMATION

All experiences are subject to availability and require advance booking. We recommend reserving at least 72 hours in advance to ensure availability. Prices may vary depending on the number of participants and the specific programme.

Should you need to amend or cancel your booking, we kindly ask to be informed in advance:

Up to 48 hours — no charge

Up to 24 hours — 50% of the total amount

Less than 24 hours — full amount

Transport can be arranged upon request.

*For further information or reservations,
please contact us at:*

contact@casasdaquintadecima.com